

1. See General Regulations Governing Sporting Competitions.
Note: The Tomahawk stroke is permitted in Girls Firsts Hockey only.
2. A team may consist of 15 players provided that only 11 players are on the field at any one time. The five interchange players may be used at any time during the match, provided the player(s) seeks the umpire's permission and is brought onto the ground in accordance with existing rules, i.e., at a break in play excepting Penalty Corners and Strokes, i.e., delete Rule 1(b) and first half of 1(c).
3.
 - a. Starting time of play and grounds are by mutual arrangement of the schools concerned.
 - b. **No Firsts match should commence before 8.30am.**
 - c. Games must start on time or be shortened to allow the following games to begin as scheduled.
 - d. 1st XI umpires will be appointed by the VHUA
 - e. For all matches other than the 1st XI, umpires are to be provided by the home school.
4. Open games are to consist of 2 x 35 minute halves with a 5 minute interval; other Open games 2 x 30 min halves; Intermediate and Junior games are to consist of 2 x 25 minute halves with the same interval.
5. Unplayable grounds - 1st XI only: In the case of unplayable grounds the game may be re-scheduled at another venue on the day of the fixture or during the week prior to the fixture by arrangement of the Schools and with the approval of both Heads. If the game is called off on the day of the fixture the game is cancelled and the points shared.
6. The home team will forward the result sheet, which include the score and best players to the APS Sport Office each Monday morning.
7. A 1st XI player who commences a first game on the interchange bench may play in the seconds or their age group team on the same weekend.
8. Numbers: the 1st XI squad only may wear numbers to assist umpires. This is not obligatory.
9. Tracksuit pants or slacks may not be worn during play. Players are strongly advised to wear shin pads and mouthguards. Goalkeepers are strongly advised to wear full protective equipment - helmet, mask, chest plate, pads, kickers, gloves.
10. Uniforms: If there is a clash of colours in the strip, particularly socks, the away team will wear white socks.
11. It is customary for the competing teams to clap each other onto the ground and to shake hands before the captains toss for choice of ends; and at the conclusion of the game for each captain to call for three cheers for the other team and for the umpire (or referee).
12. Spectators should be kept back from the playing area to keep them out of the way of players and umpires. Where possible, this is to be done by a rope or other demarcation. This may also help to reduce unwanted spectator involvement.
13. Morning tea for the 1st XI teams will be provided by the home school.
14. **Premiership**
The premiership will be decided on points: win, 3; draw, 1; loss, 0. Should any two or more teams be equal on points and have played one another, the team winning that contest will take precedence. Otherwise the teams shall be declared equal.
15. APS Representative Squad Selection:

Selectors:	2012	GC & WC
	2013	Caul & HY
	2014	CY & GGS
	2015	GC & WC

UMPIRES FEES: For Firsts games, the Fee in 2012 will be **\$50** for each Umpire unless advised otherwise.