

## 2024 Swimming Regulations

- (a) The Combined Swimming Sports Meeting will be held in March at the Melbourne Sports and Aquatic Centre. All arrangements will be organised by the Sports Coordinators' Committee.
- (b) Age groupings for Boys and Girls are taken as at 28 February of that year (or 29 February in a leap year). **\*2024 is a leap year.**
- (c) Lanes will randomly allocated. Backstroke ledges will not be used at this meet.
- (d) Girls may compete in a maximum of five (5) events. A competitor **may not** use the same stroke in more than one individual event, with the exception of the following Freestyle events: Girls Open 200m; Open 100 metres; U17 100 metres; U16 100 metres.
- (e) Boys may compete in up to four (4) events (including relays), with the option of a fifth event being one of the following: Open 200 metres Freestyle; Open 100 metres Freestyle; Under 17 100 metres Freestyle; Under 16 100 metres Freestyle. A competitor **may not** use the same stroke in more than one individual event, with the exception of the following Freestyle events: Open 200 metres; Open 100 metres; Under 17 100 metres; Under 16 100 metres.
- (f) A competitor may only swim in one Medley Relay and one Freestyle Relay.
- (g) **UNIFORM:** competitors must adhere to the following conditions pertaining to swimwear. Those who don't will be disqualified:
  - a) Competitors must wear the official swimming cap of their school
  - b) Is FINA approved\*
  - c) Displays school colours or
  - d) Has been approved by the school (eg. garment branding, colours, slogans)
  - e) **Not permitted:** board shorts, football shorts and/or bathers that display club-state-national branding

*\*At the AGSV championship and during trial meets, swim garments must be in accordance with FINA rules (refer by-Law 8.1, 8.2, 8.3). Competing in a garment/s that is not approved/ banned by FINA is strictly prohibited. This includes wearing a second garment under the outer garment while competing. Unless explicit permission has been granted, any failure to adhere to this regulation will result in disqualification. Uniform officials will scrutinize garments being worn by all Boys and Girls prior to events to ensure the above stipulations are upheld.*

- (h) **MEDICAL TAPING** All competitors, parents and coaches need to be aware that the FINA rule SW10.8 will be enforced at this meet. Swimmers with any sort of tape on the body need to provide a certificate from a medical

professional (doctor, physio etc) specifying why the tape is required. The certificate should state that the swimmer is fit to swim and that the taping does not provide any competitive advantage to the competitor. This must be dated from **8 March 2024** (or later) and be presented to the Event Referee prior to the commencement of the warm up on the night of the event.

- (i) Swimmers are **not permitted** to display 'body art' (eg. no school names or slogans) while competing.
- (j) Swimmers are to **Self Marshal** prior to their event at the end of the pool they start from: not more than five (5) events in advance and no less than three (3) events prior. If running late to marshal, swimmers can proceed directly to the check starter to be allocated to their start lane. The start of a race however will not be delayed if a competitor is late for their event.
- (k) **EVENT OFFICIALS / REFEREES:** A Referee, Starter and Stroke Judges from Swimming Victoria will be appointed by AGSV. These officials will strictly enforce the Rules of Swimming, in particular: Starts; Stroke Definition; Turns; Finishes, Relay Changeovers. This meet is a proposed qualifying meet, subject to swimming Victoria Approval, hence why all swimmers are expected to abide by FINA rules, or face disqualification.

**NOTE:** The **One-Start Rule** will apply. \*In relays, teams whose first swimmer has a false start will be disqualified. The team will however be allowed to swim, although **there will be no points awarded to these teams.**

(l) **Boys Events**

<i>Open events</i>	100 metres Freestyle; 200 metres Freestyle; 100 metres Backstroke; 100 metres Breaststroke; 100 metres Butterfly; 50 metres Freestyle
<i>Under 17 events:</i>	100 metres Freestyle; 50 metres Freestyle; 50 metres Backstroke; 50 metres Breaststroke; 50 metres Butterfly
<i>Under 16 events:</i>	100 metres Freestyle; 50 metres Freestyle; 50 metres Backstroke; 50 metres Breaststroke; 50 metres Butterfly
<i>Under 15, 14, 13 events</i>	50 metres Freestyle; 50 metres Backstroke; 50 metres Breaststroke; 50 metres Butterfly
<i>Relays - all age groups</i>	4 x 50 metres Freestyle; 4 x 50 metres Medley

### Girls Events

<i>In all Age groups (Open, Under 17, 16, 15, 14 &amp; 13)</i>	50 metres Freestyle; 50 metres Backstroke; 50 metres Breaststroke; 50 metres Butterfly
<i>Additional individual events</i>	U16 100 metres Freestyle; U17 100 metres Freestyle; Open 200 Metres Freestyle
<i>Relays - all age groups</i>	4 x 50 metres Freestyle; 4 x 50 metres Medley

- (m) Relay teams will consist of four members, each swimming 50 metres. Medley relays will be in the following order: 1. Backstroke 2. Breaststroke 3. Butterfly 4. Freestyle
- (n) Scoring  
*Boys:* 1st 9 points; 2nd 8; 3rd 7; 4th 6; 5th 5; 6th 4; 7th 3; 8th 2; 9th 1 point.  
*Girls:* 1st 6 points; 2nd 5; 3rd 4; 4th 3; 5th 2; 6th 1 point.  
A competitor or team who does not start, is disqualified, or fails to finish will score zero points.
- (o) At the conclusion of the meeting a presentation will take place. Winning teams may do a victory walk around the concourse.

**TEAMS ARE NOT PERMITTED TO JUMP IN THE POOL AS PART OF THEIR CELEBRATIONS.**

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