



This is to be read in conjunction with the [Return to Play information](#) provided within this document.

1. See General Regulations Governing Sporting Competitions.
2. Netball is conducted under the rules of **Netball Australia** unless otherwise stated. **Note: The rule regarding the Primary Carer will not apply in the AGSV/APS Netball competition.**
3. Open - First VII matches will be played in 4 x 15 minute quarters, with a **five (5)** minute half-time interval and **three (3)** minutes for quarter and three-quarter time. Teams shall change ends for each quarter. An interval may be altered by the co-ordinator to deal with an emergency. All other games will play 12 minute quarters, with a two minute break at quarter and three-quarter time, and a three minute break at half-time.
4. Players' names, initials and positions are to be shown on the scoresheet.
 - a. **No Firsts match should commence before 8.30am.** The APS Heads recommend 1st VII games be played on indoor courts.
 - b. **Schools will source and appoint umpires for all First Netball matches. A or B Badged current accredited Umpires must be appointed.**
 - c. The home school will provide umpires for all other games.
 - d. The visiting school to provide one non-playing scorer.
 - e. **All Schools will provide a warm up space for at least 30 minutes before the start time of Firsts matches.**
5. Players must wear complete school netball uniforms. Black, navy or matching sports briefs only may be worn. Positional bibs must also be worn. Only pullovers in team colours can be worn during play under positional bibs. Tracksuit pants or slacks may not be worn during play, unless for medical and Religious reasons.
6. **Match Personnel:**

For Firsts Teams: Players may not wear anything that could endanger themselves or other players, specifically:

 - a. **No adornment or jewellery may be worn**
 - b. **A medical alert bracelet may be worn provided it is covered with tape**
 - c. **Fingernails must be cut short and smooth (Reminder: the taping of nails is not allowed)**
 - d. **Long Hair must be suitably tied back so player positions (bib) can be clearly seen.**

For Teams below Firsts: Players may not wear anything that could endanger themselves or other players, specifically:

 - a. **No adornment or jewellery may be worn**
 - b. **A medical alert bracelet may be worn provided it is covered with tape**
 - c. **Fingernails must be cut short and smooth. Only thick cotton tape is to be used; taping 1 on top and 1 around the nail**
 - d. **Long Hair must be suitably tied back so player positions (bib) can be clearly seen.**
7. Each team shall provide its own ball which must comply with the regulations in the "All Australian Women's Netball Association" rule book.
8. The home team is the official scorer. The designated Scorers for all games will sit next to each other and use the Official APS Score Sheets (home School to provide).



9. **Scorers are to sit together** and confer scores at the end of each quarter. Should the scores be incorrectly recorded on the scoresheet, only by consent of the two captains or two coaches of under age teams can the score be rectified.
10. **Wet weather arrangements:** Where plexi-pave courts are being used play is not recommended when the court is uniformly wet. Decisions to abandon matches can be made by Coaches in conjunction with Umpires.
11. Interchange: For all levels other than First matches, there be no limit on interchange.
12. **At first level all injury/illness stoppages which will include blood, will be up to 30 seconds and the player concerned must leave the court.** The clock does not stop for injury at any level other than Firsts.
13. Coaching is permitted from the sideline provided the coach is stationary. **Coaching is permitted during any stoppage by a Team Official.**
14. Misconduct of player/s during a match shall be dealt with by the umpire(s) as they determine necessary.
15. **Safety:** Full height goal post padding is to be in place on all courts.
16. It is customary at the conclusion of the game for each captain to call for three cheers for the other team and for the umpires.
17. Morning tea for first teams will be provided by the home school.
18. **Premiership:** The Premiership shall be decided on points. Win: 2 points; draw: 1 point; loss: 0 points. Should any two or more teams be equal on points and have played each other, the winner of that game shall take precedence. Otherwise the teams shall be declared equal.



APS
SPORT

RETURN TO PLAY- NETBALL

Coronavirus (COVID-19)



Wash your hands

frequently and thoroughly, for at least 20 seconds. Use alcohol-based hand sanitiser if soap and water aren't available.



Don't compete if.....

you or any member of your household is experiencing any COVID-19 symptoms, been in contact with any confirmed or suspected COVID-19 cases. If you are feeling sick or have symptoms of COVID-19, do not attend.



Physical Distancing

Masks must be worn when physical distancing is unable to be maintained or as per current government guidelines.



Equipment

Drinks bottles CANNOT be shared i.e. Players must have individually marked bottles.



Hygiene

Spitting and cleaning of nasal/respiratory secretions is not permitted.



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