

GIRLS RECORDS SUPERSEDED BY CHANGED SPECIFICATIONS

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|------|----------|---------------|--------------|--------------------|------------|------|
| Open | Shot Put | (8 lbs) | 9.29 metres | H.B. Fridell | (P.E.G.S.) | 1998 |
| U 17 | Shot Put | (8 lbs 13 oz) | 8.97 metres | H.B. Fridell | (P.E.G.S.) | 1997 |
| U 16 | Shot Put | (6 lbs) | 9.87 metres | H.B. Fridell | (P.E.G.S.) | 1996 |
| U 15 | Shot Put | (6 lbs) | 9.41 metres | S.A. Watson | (Y.V.) | 1998 |
| U 14 | Shot Put | (6 lbs) | 10.83 metres | E.B. Hickey | (Y.V..) | 1998 |
| U 14 | Discus | (1 kg) | 21.77 metres | E.B. Hickey | (Y.V.) | 1998 |
| Open | Shot Put | (4 kg) | 11.29 metres | Katja Nemaric | (TPS) | 2003 |
| U 17 | Shot Put | (4 kg) | 10.72 metres | Gabrielle Richards | (ACK) | 2001 |
| U 16 | Shot Put | (4 kg) | 10.13 metres | Chelsea Ross | (PEGS) | 2009 |